

**CHEMICAL COMPOSITION AND ANTIFUNGAL ACTIVITY  
OF *Illicium verum* AND *Eugenia caryophyllata*  
ESSENTIAL OILS**

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*Illicium verum* Hook is native to southeast China, Vietnam, India, and Japan. The essential oil, rich in *trans*-anethole, is mainly used in the pharmaceutical and food industry [1]. Star anise oil exhibited high antioxidant activity [2], insecticidal activity, and fumigant [3] and antimicrobial potential [4]. *Eugenia caryophyllata* Thun. (syn. *Syzygium aromaticum* (L.) Merrill & Perry) grows wild in Indonesia and now is cultivated in the Philippines, the Molucca Islands, and Madagascar. This oil is extensively used as a flavor ingredient in food as well as in alcoholic and soft drinks [1]. Clove oil possesses strong antioxidative potential [5], and acaricidal [6], antifungal, antiviral, antitumor, and anesthetic activity [7].

In the present work, the essential oils of *I. verum* and *E. caryophyllata* were investigated as potential antifungal agents.

The results of chemical analysis of *I. verum* and *E. caryophyllata* essential oils are presented in Table 1. In the essential oil of *I. verum* 16 compounds were identified (99.55% of total oil). *trans*-Anethole was dominant (90.82%), followed by estragol (3.68%). Sixteen components were identified in the essential oil of clove, which represent 98.89% of total content. Eugenol (78.57%),  $\beta$ -caryophyllene (15.56%), and  $\alpha$ -humulene (1.88%) were the main components in *E. caryophyllata* oil.

According to previously published reports [2, 4, 8], the essential oil from star anise fruit contains *trans*-anethole (94%), estragole, limonene, and *cis*-anethole. Dominant compounds in clove oils were eugenol, eugenylacetate,  $\beta$ -caryophyllene, and humulene [6–9].

TABLE 1. Chemical Composition (expressed as %) of *Illicium verum* and *Eugenia caryophyllata* Essential Oils

Components	KI	<i>I. verum</i>	<i>E. caryophyllata</i>	Components	KI	<i>I. verum</i>	<i>E. caryophyllata</i>
$\alpha$ -Pinene	939	0.13	-	Methyl eugenol	1403	-	0.12
$\alpha$ -Phellandrene	1005	0.11	-	$\beta$ -Caryophyllene	1418	0.20	<b>15.56</b>
<i>p</i> -Cymene	1026	0.06	-	<i>trans</i> - $\alpha$ -Bergamotene	1435	0.17	0.24
Limonene	1031	0.67	-	$\alpha$ -Humulene	1455	-	1.88
Linalool	1097	0.79	-	$\delta$ -Cadinene	1522	-	0.07
Terpinen-4-ol	1177	0.12	-	Eugenylacetate	1523	-	0.50
$\alpha$ -Terpineole	1189	0.21	-	Caryophyllenyl alcohol	1572	-	0.24
Methyl salicylate	1190	-	0.05	Caryophyllene oxide	1583	-	0.47
Estragole	1195	3.68	-	Viridiflorol	1590	-	0.20
Chavicol	1247	-	0.12	Humulene epoxide	1606	-	0.14
<i>cis</i> -Anethole	1253	0.41	-	<i>trans</i> -Sesquilandulol	1631	-	0.20
<i>p</i> -Anisaldehyde	1250	0.78	-	Alloaromadendrene epoxide	1639	-	0.25
<i>trans</i> -Anethole	1285	<b>90.82</b>	-	$\alpha$ -Muurolool	1641	0.07	-
Anisylacetone	-	0.24	-	4-Hydroxy- <i>cis</i> -caryophyllene	1666	-	0.20
Eugenol	1359	-	<b>78.57</b>	Foeniculin	1677	1.00	-
$\alpha$ -Copaene	1374	-	0.32	Total		99.55	98.89

KI: kovats index on DB-5 column.

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TABLE 2. Antifungal Activity of *Illicium verum* and *Eugenia caryophyllata* Essential Oils,  $\mu\text{L}/\text{mL}$ 

Fungi	<i>I. verum</i>		<i>E. caryophyllata</i>		Bifonazol	
	MIC	MFC	MIC	MFC	MIC	MFC
<i>Alternaria alternata</i>	2.5	2.5	0.25	0.25	10	10
<i>Aspergillus niger</i>	10	15	0.5	0.5	10	10
<i>Aspergillus ochraceus</i>	15	25	1	1	10	15
<i>Aspergillus flavus</i>	15	25	1	2.5	10	15
<i>Aspergillus terreus</i>	20	25	2.5	2.5	10	15
<i>Aspergillus versicolor</i>	15	20	0.5	1	10	10
<i>Aureobasidium pullulans</i>	2.5	2.5	0.25	0.25	5	10
<i>Cladosporium cladosporioides</i>	2.5	2.5	0.1	0.25	10	10
<i>Cladosporium fulvium</i>	2.5	5	0.1	0.1	5	10
<i>Fusarium tricinctum</i>	5	5	0.25	1	15	20
<i>Fusarium sporotrichioides</i>	5	5	0.5	1	15	20
<i>Mucor mucedo</i>	5	10	0.25	0.25	15	15
<i>Penicillium funiculosum</i>	10	25	0.5	0.5	15	20
<i>Penicillium ochrochloron</i>	10	25	0.5	0.5	15	20
<i>Phomopsis helianthi</i>	2.5	2.5	0.1	0.25	10	10
<i>Phoma magdonaldii</i>	2.5	5	0.25	0.25	10	15
<i>Trichoderma viride</i>	20	25	2.5	2.5	15	20
<i>Trichphyton mentografites</i>	5	10	0.5	0.5	10	15
<i>Candida albicans</i>	5	5	0.5	1	10	15

The antifungal activities of the tested oils are presented in Table 2. *I. verum* essential oil exhibited fungicidal characteristics with MIC and MFC of 2.5–25  $\mu\text{L}/\text{mL}$ . *E. caryophyllata* oil showed strong antifungal activity. The fungistatic and fungicidal activity of its oil was 0.1–2.5  $\mu\text{L}/\text{mL}$ . The most resistant fungi were *Trichoderma viride*, *Penicillium*, and *Aspergillus* species [10, 11].

The present study confirmed the antifungal activity of star anise and clove essential oil. The antimicrobial activity of star anise is mainly due to anethole [12]. Compounds with the phenolic structure, such as eugenol, are highly active against different microorganisms [9, 13]. Eugenol is responsible for the antifungal effect of clove oil, but the authors raised the possibility that interactive effects of the other compounds present in smaller quantities may also contribute [14]. The oils analyzed in this work, especially clove, showed powerful antifungal activity.

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